

## **TLBC LEADS AND SECONDS CLINICS**

**APRIL 9, 11, 16 AND 18, 2024**

### **SESSION 1: APRIL 9, 2024 REVIEW OF GENERAL BOWLING TECHNIQUE**

#### **A. TECHNIQUE REVIEW**

1. Before you decide on type of bowl you wish to purchase try many sizes and models from our loaner bowl collection.
2. Proper grip for delivery of a bowl.
3. Line of aim for a draw shot to the jack – do's and don'ts.
4. Set routine to follow before each delivery of a bowl.
5. Learn how the rink runs to all four corners of the rink as quickly in a game as you can. Watch your bowl until it stops and "Believe the Green!"
6. Delivery of the jack. Follow skip's instructions.

#### **B. ETIQUETTE**

1. Where to stand on the green, mat end and head end.

#### **C. PRACTICE DRILL**

1. Use two rinks when available to set up a practice circuit; practice delivering to a mat; practice bowling to set jacks.

### **SESSION 2: APRIL 11, 2024 THE MAT, THE T, DUTIES OF A LEAD AND TOUCHERS**

#### **A. TECHNIQUE REVIEW**

1. Proper placement of the mat. Where can mat be placed? Between 2 meters and 23 meters from front of the back ditch. Mat line defined. Centering the mat; what involvement does skip have? Moving mat forward – when and why. When and how can mat be reset?
2. The "T" and its purpose. Burnt end rule.
3. Summary of duties of a lead.
4. Touchers.

#### **B. ETIQUETTE**

1. Conduct of players at both ends when a player is on the mat. Where can you stand?
2. Always be a "happy camper."

#### **C. PRACTICE DRILL**

1. Practice drawing to different lengths using a two rink circuit.
2. Practice delivery of bowls to off center jacks.

**SESSION 3: APRIL 16, 2024**

**BASIC TACTICS, HAND SIGNALS, JACK OUT OF PLAY,  
DUTIES WHEN IN CONTROL OF THE HEAD**

**A. TECHNIQUE REVIEW**

1. Learning basic bowling tactics.
2. Hand signals generally. And centering the jack hand signal.
3. Jack delivered out of play. Jack knocked into ditch. Jack knocked out of bounds.
4. Duties of a lead when in control of the head. What and when should you communicate information to your skip?

**B. ETIQUETTE**

1. Acknowledge your fluky shots. Win or lose with grace. Never criticize a teammate, an opponent, the condition of the green or work of volunteers.
2. Greetings before and after a game. Concentration during a game.

**C. PRACTICE DRILL**

1. Practice drawing to the T.

**SESSION 4: APRIL 18, 2024**

**THE SCORE, MEASURING, CONDITIONS OF PLAY, ENTRY  
INTO EVENTS, GENERAL REVIEW**

**A. TECHNIQUE REVIEW**

1. Counting the head, removing bowls from the head, agreeing on the score, communicating the result to your skip, marking the score.
2. Measuring techniques reviewed.
3. Know Conditions of Play of an event. Know how to enter an event.

**B. ETIQUETTE**

1. Etiquette in relation to the measuring process.

**C. PRACTICE DRILL**

1. Practice your measuring skills by setting up different heads.